



YouthAlert! (YA!) Violence & Bullying Prevention/Health Program
A Nonprofit 501 (c) (3) Organization and Public Charity

YouthAlert! (YA!) Violence & Bullying Prevention/Health Program

"Where Youth and Adults Meet Halfway to Reduce Violence & Bullying"
Teaching Violence & Bullying Prevention and Healthy Lifestyles to Children and Youth
"Protecting the whole youth, and nothing but the youth"©

YouthAlert! (YA!) Violence & Bullying Prevention/Health Program is an in-school, out-of-school time, one to three-day, two to six-hour, presentation, whose purpose is to reduce violence and bullying and improve the overall health of children and youth of Elementary, Middle and High School age. This program is part of the **YouthAlert! (YA!) Eighteen Week School National Health Curriculum.**

YouthAlert! (YA!) personnel present this program directly to any number of children or youth in a school, class, public, or community, environment. Extra attention during these presentations is given to male youth and U.S. minorities. The Program is not political, financial, religious, or *judgmental*.

YouthAlert! (YA!) Violence & Bullying Prevention/Health Program is, first, and foremost, a community outreach program. The program represents the voice of the entire community and all opinions are welcome from the community, educators, adults, and youth. YouthAlert! (YA!) believes when youth have all the information, they make good decisions. Empowerment, positive self-esteem, self-confidence, and positive motivation, are the underlying themes in **the YouthAlert! (YA!) Violence & Bullying Prevention/Health Program**. The program also helps youth connect to local and national support and intervention services.

The goal of the **YouthAlert! (YA!) Violence & Bullying Prevention/Health Program** is a Ten-Percent reduction in all violence, self-harm, bullying, substance abuse, school, board, and law, violations, truancy, and behavior events, with children, youth, and young adults who have gone through our program. Specifically accomplishing this by youth voluntarily using the power of their unique, personal, individual, identity without compromising any of our common, fundamental, good, principles.

Our plan is to work every semester with schools we are working in their school-year. Preferably in their *Health* or *Physical Education (PE)* classes. We believe if we can reach 25-Percent of a school's student population within one school-year it can reduce all behavior events in, our out, of school 10-Percent. When we teach the students simultaneously, they then teach their peers, and hopefully bring it home to their community. We also plan to concentrate on middle school youth so in just a few years there could be a new generation of peaceful and healthy high school students focused on positive motivation and following their dreams.

YouthAlert! (YA!) Violence & Bullying Prevention/Health Program subjects include: domestic violence, dating violence, bullying, suicide/self-harm, gang violence, sexual abuse and violence, school violence, child abuse, neglect, elder abuse, safe surroundings, victimization, trauma, and more. Over half of the program deals with the subject of youth violence and bullying prevention. The remaining sessions cover all other youth health advocacy and prevention topics including, mental health, social health, physical health, substance abuse, unintentional injuries, diet, poverty and consumerism and more.

YouthAlert! (YA!) Violence Prevention/Health Program includes, a live speaker, video slides, public service announcements (PSA's) videos, important statistical information, important skills sets to learn, live role playing, question, and answer periods, open discussion, worksheets, reviews, surveys, local youth service contact information, free snacks and more. Twenty additional Breakout Sessions by subject are also available.

YouthAlert! (YA!) Violence & Bullying Prevention/Health Program follows lesson plans that are aligned with the National Health Education Standards (NHES), which is followed by most public schools in the U.S. Formative and summative assessments are done as well as pretest and posttest analysis. The program also includes and youth self-reporting surveys at regular intervals. The program is also overseen by a YouthAlert! (YA!) Advisory Board and follows an evidenced-based blueprint with outcome evaluations recommended by the Centers for Disease and Control (CDC).

YouthAlert! (YA!) Violence & Bullying Prevention/Health Program is not only a comprehensive *health* program, following the public health approach to violence prevention, but also comprehensive *youth* program encompassing all important aspects in a youth's life.

YouthAlert! (YA!) has now completed two *back-to-back* years reaching over 3,300 middle and high school youths *each* year in schools with our in-school, multi-day, violence and bullying prevention/health program. 6,964 students total. **YouthAlert! (YA!)** has now reached over 10,000 youth with all its violence prevention initiatives including its six, free and public, *YouthAlert! (YA!) Youth Violence Prevention Event & Forums*.

YouthAlert! (YA!) Violence & Bullying Prevention/Health Program results for the 2015/2016 school-year

4,012 Student/Youth Surveys

95.7 percent of students/youth said that they were *more aware* about the dangers of violence after this presentation.

96.2 percent of students/youth said this presentation will help *prevent them* from doing an act of violence.

65 Teacher/Host Surveys

100 percent of Teachers/Hosts said this Presentation could *make a difference* in a youth's life in a positive way when it comes to violence.

100 percent of Teachers/Hosts said they would *recommend* this Presentation to other youth groups, schools, or youth organizations.

All **103** of the Teacher/Hosts surveyed in the **2014-2016** School-Years (two-years), *recommend* our in-school **YouthAlert! (YA!) Violence & Bullying Prevention/Health Program** to other youth groups, schools, or youth organizations.

YouthAlert! (YA!) is a Better Business Bureau Accredited Charity and are GuideStar Platinum Participants.

Our Mission: "To bring about a ten-percent reduction in youth violence and bullying through *volunteerism, education, and teamwork.*"

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